



APRIL 2024 LES KIDS CAFÉ BREAKFAST MENU

Build A POWER FUELED FREE Breakfast
Every Morning!

Choose at Least 3 items, 4 for Maximum FUEL
& always have your Fruit as an Option

Monday

Choice Of: **1**
Grain: WG Muffin OR WG Apple Danish
Fruit: Assorted Fruit or 100% Fruit Juice
Protein: String Cheese
Milk: 1% low-fat or non-fat Flavored

Tuesday

Choice Of: **2**
Grain: WG Breakfast Bun OR WG Cereal Option
Fruit: Assorted Fruit or 100% Fruit Juice
Protein: 4oz. Yogurt
Milk: 1% low-fat or non-fat Flavored

Wednesday

Choice Of: **3**
Grain: WG Bagel OR WG Crumb Cake
Fruit: Assorted Fruit or 100% Fruit Juice
Protein: String Cheese
Milk: 1% low-fat or non-fat Flavored

Thursday

Choice Of: **4**
Grain: WG Mini Donuts OR WG Cereal Option
Fruit: Assorted Fruit or 100% Fruit Juice
Protein: 4 oz. Yogurt
Milk: 1% low-fat or non-fat Flavored

Friday

Choice Of: **5**
Grain: WG Pop Tart OR WG Cinnamon Danish
Fruit: Assorted Fruit or 100% Fruit Juice
Protein: 4 oz. Yogurt
Milk: 1% low-fat or non-fat Flavored

Choice Of: **8**
Grain: WG Breakfast Bun OR WG Cereal Option
Fruit: Assorted Fruit or 100% Fruit Juice
Protein: String Cheese
Milk: 1% low-fat or non-fat Flavored

Choice Of: **9**
Grain: WG Muffin OR WG Blueberry Loaf
Fruit: Assorted Fruit or 100% Fruit Juice
Protein: 4oz. Yogurt
Milk: 1% low-fat or non-fat Flavored

Choice Of: **10**
Grain: WG Donut Stix OR WG Cereal Option
Fruit: Assorted Fruit or 100% Fruit Juice
Protein: String Cheese
Milk: 1% low-fat or non-fat Flavored

Choice Of: **11**
Grain: WG Pop Tart OR WG Cinnamon Loaf
Fruit: Assorted Fruit or 100% Fruit Juice
Protein: 4 oz. Yogurt
Milk: 1% low-fat or non-fat Flavored

Choice Of: **12**
Grain: WG Bagel OR WG Breakfast Bar
Fruit: Assorted Fruit or 100% Fruit Juice
Protein: 4oz. Yogurt
Milk: 1% low-fat or non-fat Flavored

Spring
Vacation

15

No School

Spring
Vacation

16

No School

Spring
Vacation

17

No School

Spring
Vacation

18

No School

Spring
Vacation

19

No School

Choice Of: **22**
Grain: WG Donut Stix OR WG Cereal Option
Fruit: Assorted Fruit or 100% Fruit Juice
Protein: String Cheese
Milk: 1% low-fat or non-fat Flavored

Choice Of: **23**
Grain: WG Muffin OR WG Cinn. Toast Crunch
Fruit: Assorted Fruit or 100% Fruit Juice
Protein: 4oz. Yogurt
Milk: 1% low-fat or non-fat Flavored

Choice Of: **24**
Grain: WG Breakfast Bar OR WG Cereal Option
Fruit: Assorted Fruit or 100% Fruit Juice
Protein: String Cheese
Milk: 1% low-fat or non-fat Flavored

Choice Of: **25**
Grain: WG Bagel OR WG Pop Tart
Fruit: Assorted Fruit or 100% Fruit Juice
Protein: String Cheese
Milk: 1% low-fat or non-fat Flavored

Choice Of: **26**
Grain: WG Breakfast Bun OR WG Cocoa Loaf
Fruit: Assorted Fruit or 100% Fruit Juice
Protein: 4 oz. Yogurt
Milk: 1% low-fat or non-fat Flavored

Choice Of: **29**
Grain: WG Mini Donuts OR WG Cereal Option
Fruit: Assorted Fruit or 100% Fruit Juice
Protein: String Cheese
Milk: 1% low-fat or non-fat Flavored

Choice Of: **30**
Grain: WG Muffin OR WG Apple Danish
Fruit: Assorted Fruit or 100% Fruit Juice
Protein: 4oz. Yogurt
Milk: 1% low-fat or non-fat Flavored



WG= WHOLE GRAIN

Please Join us for FREE Breakfast. All Students are Welcome!
Breakfast Gives Learning a Boost!

Menus are subject to change without notice

This Institution is an equal opportunity provider.

Milk is Free with Breakfast, Purchased Separately \$.60

